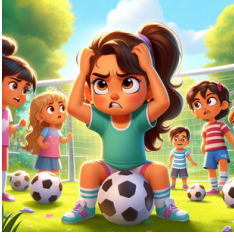


Asking for Help



Know when you need help. If something is hard or confusing, it's ok to ask for help.



Identify who is the best person to help. Then, be patient and wait because the person may not be able to help right away.



When asking for help, be clear about what you need.



After you ask for help, listen carefully to the person giving help and advice.



Thank the person for helping!