

Fixed and Growth Mindset Match

A **growth** mindset means believing you can get better at something with practice and effort. A **fixed** mindset means thinking you're either good at something or not, and you can't change it.

Instructions: Draw a line from the statement to either Fixed or Growth

I'll try a different
strategy.

I can't do this.

I can't do
this yet.

I give up.

Growth

Fixed

I'm going to
train my brain.

I'll never be as
smart as them.

I made a
mistake.

I can learn from
my mistakes.